

GENERAL Knowledge 1



With the blessings of :
Our Parents

GENERAL Knowledge 1



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- National Education Policy 2020
- Activity Based
- Innovative Approach
- Learning with fun
- Used Eco Friendly Paper



Preface

'General Knowledge' is a comprehensive series of eight books designed specifically for the needs and requirements of students studying in classes 1-8. The content has been created keeping in mind the National Education Policy 2020. The purpose of this series is to enhance competence, experiential, comprehensive and critical learning. This book includes enough questions in accordance with the NEP criteria. The fundamental principles of NEP which is recognising, identifying and fostering the unique capabilities of each student, respect for diversity and respect for individual aspect in all topics. While framing the book our editorial team ensured that children enjoy classroom learning to the fullest.

Key Features of the Series:

With the motto of Educate, Encourage and Enlighten this book is based on NEP criterion which promotes learning and development, and tests higher-order skills, such as analysis, critical thinking, and conceptual clarity. The book has been segregated into sections emphasising upon the comprehension of information regarding various topics, such as:

- **The Living Planet** : The information related to the uniqueness and importance of our planets. It also discusses space travellers.
- **Sports Arena** : This portion discusses different aspects of sports such as origins, tournaments, trophies, etc. It talks about different types of sports and sportsmen.
- **Incredible India** : This portion discusses the glorious past of India along with its polity, geography and legacy.
- **Awareness Plus** : The book discusses the topics of general awareness about safety and responsibility here.
- **Life Skills** : This feature of the book inculcates life skills and values in students.
- **Personality Plus** : This book also strives to be a helpful associate in the proper development of the student's personality including good manners, etiquettes and proper conduct.
- **Brainstorming** : This section consists of activity given at the end of a section urges students to apply their learning skills and helps them to retain the knowledge gained in class.
- **Let me Answer** : Discussion-oriented questions are asked to promote the students to inspire to think critically and respond with well thought out answers.
- **Teacher's Note** : A "Teacher's Note" is a set of instructions laid out for the teachers to follow in the classroom based on the worksheet, activity/exercises. It specifies how the worksheet and activities/exercises should be carried out in class.
- **Info-Bits** : Interesting facts related to the topic of the chapter are incorporated in the form of Info-Bits so as to enhance the overall learning experience of the student.

The subject of general knowledge is too broad to be covered in an eight-book series.

However, every effort has been made to make it as thorough as possible. Sincere efforts have been taken to prevent any inconsistencies and make this series a perfect complement to the students' education. Any worthwhile recommendations for how to improve the series are always welcome and greatly appreciated.

—Publisher

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Objects Around Us

In our daily lives, we see multiple things like trees, plants, grass, animals, houses, cars, shops, buses, birds, etc. This list is infinite. All these things can be divided into three parts:

- **The living thing**
- **The non-living thing**
- **The man-made things**

Living Things - All plants and animals, including humans, are living things. They can also be known as natural things. These things are not made by humans.



Non-living Things - Anything which does not have life are called non-living things. Sun, air, water are nature's gift to us but they are non-living things. Water, rocks, soil, wood, honey, milk, gold, iron, and many more things are found in nature and are non-living things.



TEACHER'S NOTE

Show a few concrete non-living things to the learners which are present in the classroom. Ask the learners to show some concrete man-made objects in the class.



Man-made Things - All things which are made by humans are called man-made things. Man-made things also don't have life and so they are non-living. Man-made things help us in our daily life. Examples: a spoon, table, chair, bike, car, aeroplane.



Let me Answer

Look at the blackboard. Is it a non-living thing or man-made thing?

A. Look at the pictures and encircle the non-living things:



Info-Bits

Non-living things like petrol and coal are formed naturally from living things like sea animals, plants and trees that lived millions of years ago.



B. Imagine you are in the park. You like playing with your friends. Would you be able to divide the objects around you as natural and man-made things?



Natural Things	Man-made Things
Children	Slide



Animal Architects

Many animals build their homes for themselves. Here are some animal architects. You will be amazed to know about those architects.



Gorillas in Congo (Africa) - Gorillas in Congo Africa build their nest. They use branches of trees, leaves, and twigs to build their home. However, they spend only a night in it and make a new nest each day!

Ant and Termites - Have you ever heard of anthills? Tiny creatures like ants and termites make these structures with mud. Some termite hills can be as high as 30 feet!



Weaver Birds - Weaver birds make good use of their beaks to spin together dried grass, cloth bits, tiny twigs, and build their nests. Their weaving is so fine that not a drop of water enters the nest, even when it rains heavily!

Let me Answer

You will be amazed to know, a bird have the ability to tie the knot. Have you seen these small creatures tying a knot?

Rabbits - Rabbits prefer to make their homes under the ground. They dig burrows in meadows, and these tunnel-like homes can run for hundreds of feet in different directions.



TEACHER'S NOTE

Ask the learners if they have seen burrows? Educate them about how hard it is to build houses.



A. Would you be able to match these animals to their homes?
Write the letter of the animals against the number of the homes:

(a)



(1)



(b)



(2)



(c)



(3)



(d)



(4)



(e)



(5)



Info-Bits

Eagles build their nests using stones. These nests are called 'eries' and are built on tall rocky cliffs where no enemy can reach.



You are What You Eat

Food is essential for us to live, grow and survive. Animals also need food just like us. Some animals eat plants and their parts like fruits, leaves, etc. Some other animals eat the flesh of other animals, and yet some other animals eat both plants as well as flesh.

A. Look at the pictures carefully and match the animals with their natural prey or food :

Column A

①



②



③



④



⑤



Let me Answer

- Do you have a pet?
- What does your pet eat?

Column B

a



b



c



d



e



TEACHER'S NOTE

Instruct learners to match the columns. Explain about the different types of animals based on their eating habits.

Info-Bits

The world's largest creature 'the Blue Whale' survives on one of the smallest sea creatures- planktons-eating some 500 quintals everyday.





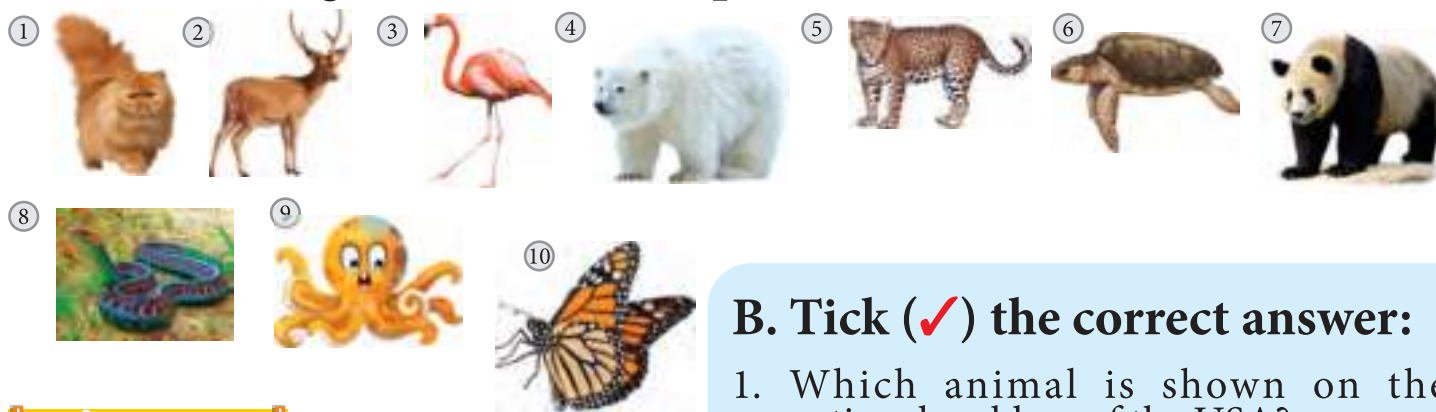
Animals' Habitat

We live in this beautiful world with different animals, birds, insects and reptiles. Some creatures live on land, some in the vast oceans and seas. A few animals have adapted to life both in water and on land.

Let me Answer

- Do you love wild animals?
- Can you name one of your favourite wild animals?

A. Look at the pictures of colourful and beautiful animals. Name them taking clues from the help list:



Help List

Persian cat Swamp deer Flamingo Polar bear Leopard Turtle Giant panda Garter snake Octopus Monarch butterfly

TEACHER'S NOTE

Ask the learners to look at the pictures carefully and sort the animals based on their habitat, as in land, water or both.

Info-Bits

A shark has no bones in its body. Its skeleton is made of soft cartilage.

B. Tick (✓) the correct answer:

- Which animal is shown on the national emblem of the USA?
a. bald eagle ☐ b. bison ☐
c. grizzly bear ☐
- The name of which animal means 'person of the forest'?
a. gorilla ☐ b. baboon ☐
c. orangutan ☐
- Which sea creature has two legs and six arms?
a. jellyfish ☐ b. octopus ☐
c. sea cow ☐
- Which is the largest land carnivore?
a. lion ☐ b. tiger ☐
c. polar bear ☐



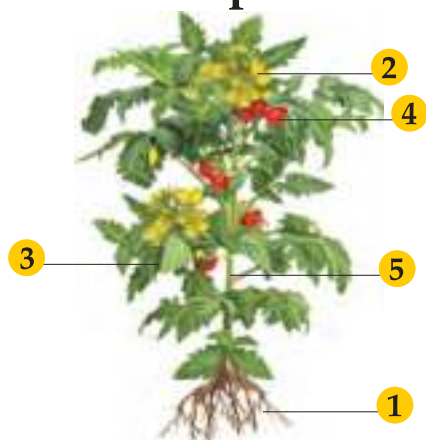
Green Magic

Trees are important for our survival on the earth. It gives food, paper, herbs, flowers, and the most important thing without which we will die. Trees give us air to breathe. There are five parts of a tree.

Let me Answer

Trees offer shade to us on summer days. Have you ever sat in the shadow of a tree?

A. Would you be able to name the different parts of the plants? Use the help list and write the names on the given lines:



Help List

Leaf
Root
Flower
Stem
Fruit

1. _____
2. _____
3. _____
4. _____
5. _____

B. Let's be a Green Master

Try this simple quiz and be a green master:

1. The part of the plant below the ground. _____
2. The _____ allows the plant to stand upright.
3. The _____ contain seeds.
4. The _____ makes food for the plant.

ootrs
etms
ruitfs
eafl

TEACHER'S NOTE

Share the importance of plants and trees in our life with the students. Ask the learners to suggest the ways to preserve the environment.

Info-Bits

The green layer seen on ponds are plants which have no roots, stem, fruit or flower, however they make their own food. They are known as algae.



Our Veggie Friends

We know the importance of plants and trees. It provides us with fruits and vegetables which keep us healthy. It keeps us fit and safe from diseases. We should make vegetables a major part of our diet.

Let me Answer

Do you know that cucumbers and pumpkins are fruits, and not vegetables?

Here are some rare, but nutritious vegetables. Can you name them?
You may use the help list:



Help List

Broccoli
Mushroom
Lemon grass
Avocado
Jackfruit
Cabbage
Celery
Bell pepper
Cassava

Info-Bits

Vegetables like tomatoes, chillies, brinjals, etc, which contain seeds are in fact fruits.

TEACHER'S NOTE

Share a few examples of common vegetables and educate students to include them in their diet.



Fruitlet

Fruits are important for our life. It is nature's gift to us. We love to eat fruits because they are delicious and healthy.

A. Check these pictures and write the names of the fruits in the given space using the help list :



Let me Answer

Do you know that Sapodilla is also known as sapota, chikoo, chico and naseberry?

Help List

Custard apple

Kiwi fruit

Sapodilla

Watermelon

Pineapple

Peach

Plum

Muskmelon

TEACHER'S NOTE

Show flash cards of rare fruits like dragon fruit, star fruit, falsa, etc. Ask the students to identify them.

Info-Bits

- Mango is known as the 'King of fruits'.
- Apple is found almost all over the world.
- Fruits like orange and lemon are rich in vitamin C. They protect us from diseases.





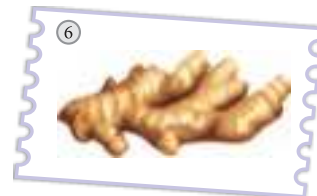
Herbs and Spices

Plants give us many things such as fruits, vegetables, paper, and air. Plants also give us many kinds of seeds and spices. We add these spices to add flavour to our foods.

Let me Answer

Why is saffron the king of spices in the world?

A. Can you identify the following herbs and spices? Take help from the help list:



Help List

Bay leaf	Saffron	Turmeric	Parsley
Coriander seeds	Ginger	Cinnamon	
Cumin	Garlic	Green cardamom	



TEACHER'S NOTE

Explain that these herbs and spices are delicious and add flavours in our dishes.



Precious Water

Water is important for our survival. Even plants, trees, animals, humans- all need water for various purposes. As the human population grows, the need for water also increases. This is why we must save as much water as we can.

Let me Answer

- Have you ever wondered where the water comes from?
- How do you save water?

A. Mark the activity (✓) if it saves water, and mark it (✗) if it wastes

1. Pihu uses the bucket to have a bath. ☐
2. Mini keeps the tap open when she brushes her teeth. ☐
3. Pihu's mother keeps the tap closed while washing dishes. ☐
4. Seema's father uses a bucket of water and a wash cloth to clean his car. ☐
5. Megha uses leftover water from the kitchen to water the plants. ☐
6. Nicki's parents pay attention to leaking taps. ☐
7. Chicku uses a sprinkler to water her garden. ☐
8. Rimi pours leftover water in her water bottle into potted plants, when she returns from school. ☐

TEACHER'S NOTE

Explain students about the importance of clean water in our daily life and the need to save water for future use.

**Info-Bits**

Plants and animals never waste water. They use only as much as they truly need.



The Little Raindrop

Rainwater is considered the purest form of water on the earth. It is also the main source of water on the earth. Rainwater fills up various water bodies, and some rain water also goes under the ground where it is stored between rocks.

Let me Answer

- Have you ever seen a lake?
- Do you have a lake near your surroundings?

Look at the pictures below and read about these water bodies which are a source of freshwater for humans, animals and plants.

Rivers are the lifeline of the country. Humans use rivers for different purposes. They supply water for drinking and domestic purposes.



Lakes are important for various reasons. It is a large water body surrounded by land. It receives water from rains and from streams that flow into them.

Canals are man-made structures, mainly constructed for irrigation of crops. It is used for irrigation of crops in agricultural fields. They take water from rivers and dams.



TEACHER'S NOTE

Educate the importance of water bodies in our life. Mention a few ways to save water and to eradicate water pollution.



Ponds are smaller than lakes and are commonly found in villages. Fresh water from ponds are used by the villagers for their domestic purpose. Many creatures also survive in ponds like fish.



Info-Bits

The River Indus arises near Kailash-Mansarovar in Tibet (China) and flows through Ladakh in India before crossing into Pakistan where it falls into the Arabian Sea near Karachi.



A. Let's get it straight

Answer this simple but interesting quiz about freshwater sources in India. You may use the help list given below:

1. Name the longest flowing river in India.
2. Where do the river Ganaga and river Yamuna meet?
3. Name the famous lake situated in Srinagar.
4. Name the largest salt water lake in India.
5. Which is the longest canal in India?

Help List

Sambhar Lake
Dal Lake

Prayagraj
Ganga

Indira Gandhi Canal



Activity - Be Energy Saver



We use electricity to perform our daily activities. It is the best gift from science to mankind. Electricity is needed to complete our daily major task.

Let me Answer

Do you switch off the fans and lights when not in use?

Here are some activities that Rimi does every day. Decide if she saves electricity. Score her **1** point for becoming an energy saver. Give her **0** point for wasting it:

1. Rimi is busy reading a comic book, while the TV is switched on. ☐
2. She does her homework in the verandah instead of doing it inside the room. ☐
3. She plays computer games everyday. ☐
4. When she plays in her bedroom, she switches on the lights and fans. ☐
5. She switches on a few lights in the room to study. ☐
6. She never switch off the fans when not in use. ☐

How would you score Rimi between 0-6?



TEACHER'S NOTE

Practice a few measures to save energy. Ask the learners to score themselves as well based on the above activities.



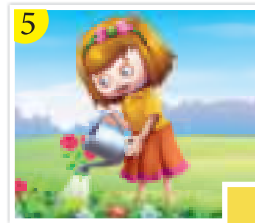
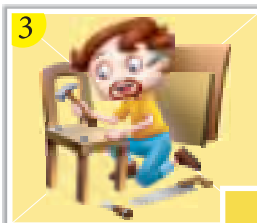
Equipment at Work

Without equipment, it is impossible to complete the work. Every work has its special tools and equipment. Tools and equipment are the most important things to complete any task.

Let me Answer

Which equipment does a doctor use to treat us?

A. Match the equipment with the people at work:



a



b



c



d



e



Info-Bits

Spatulas have a surprisingly ancient history. In ancient Rome, spatulas serve a multitude purposes in the kitchen.

TEACHER'S NOTE

Ask the students to read the clues properly to fill in the gaps.

B. Find out 'Who I am' with the help of clues:

- I mend leaking pipes and taps in your home. P ____ M ____ E ____
- I lay bricks and build homes for you. M ____ S ____
- I help people when they are sick. D ____ C ____ O ____
- I sell flowers and bouquets to you. F ____ OR ____ T ____



Cartoonify

Cartoons are the most essential part of our childhood. Cartoons are fun to watch and read. They entertain and bring us good cheer. We can see cartoons on TV, in newspapers and magazines.

Let me Answer

Who is your favourite cartoon character?

A. Identify the cartoon characters and write their names. Take help from the help list.



Help List

Mr. Bean Tom and Jerry Chhota Bheem Doraemon Peppa Pig

B. Let's be a cartoon master:

Do you think you know all the cartoon characters? Take this short quiz and find out.

1. Who is the mouse- Tom or Jerry?
2. Whom does Doraemon help the most?
3. What is the name of Peppa's brother?
4. Is Mr. Bean an intelligent man?
5. Who is Chhota Bheem's most favourite friend?

TEACHER'S NOTE

Divide the class into two groups and let them identify the characters.

Info-Bits

Walt Disney was an American creator and producer of animated cartoons. Mickey Mouse and Donald Duck are his famous creations.





Evergreen Trees

Trees are our best friends as they clean the air we breathe. We see different types of trees almost everywhere on the earth. They give us many useful things.

Let me Answer

Do you know that the coconut tree has a single trunk, that is 20-30 m tall?

A. Some of the things given by trees are hidden in the word grid below. Search out their names and write them in the given spaces:



S	G	F	R	A	T	E	V
P	I	R	F	U	M	U	O
I	H	U	L	A	T	E	X
C	L	I	O	Q	P	S	Y
E	E	T	W	O	O	D	G
S	A	M	E	O	I	M	E
J	F	K	R	A	L	N	N



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

TEACHER'S NOTE

Share the names of the trees found in the garden of your school premises.

Info-Bits

Quinine, the wonder cure for malaria, is obtained from the Cinchona tree, found in South America.





Electronic Gadgets

An electronic gadget is a machine that works with electricity to assist us in cooking and cleaning. We use many appliances at home/offices for different purposes. These electronic appliances run on electricity.

Let me Answer

Can you tell me about any electronic appliances in your school?

A. Write the names of the electronic appliances with the help of the help list:



1. _____



2. _____



3. _____

Help List

Ceiling fan
Microwave

Washing machine
Refrigerator

Television
Air conditioner



4. _____



5. _____



6. _____

Info-Bits

Reva Electric Car Company based in India was among the pioneers worldwide in successfully commercialising electric cars.



Tiny Helpers

There are many things in this world that help us to complete our tasks. These things are so common that they are available everywhere in the world. These tiny helpers make our lives hygienic and easy.

Let me Answer

How many times do you use your toothbrush in a day?

A. Some of such tiny helpers are given in the pictures. Read the clues and identify them by filling in the blanks:



①

It is a _____. It protects our neck and head as it is soft and comfortable.

It keeps time and helps you plan your activities. It is a _____.

②



③

Think of clipping the grown nails and you will reach for a _____. It keeps your hands and fingers clean and protects you from harmful diseases.

It is a _____. Fill it up with hot or cold. Put anything in it and it will make sure it'll hold.

④



⑤

You use it morning and night. It keeps your teeth and gums clean. You can smile all you want if you use it regularly. It is a _____.

TEACHER'S NOTE

Show a few examples of tiny helpers in the classroom. For example, marker, duster, ruler, etc.

Info-Bits

High-heeled shoes were first worn by Persian soldiers in 10th century.



Waterways

People travel from one place to another through a body of water. Those means of transport are known as water transport. It is a quicker mode of transport for carrying heavy and bulky items to distant places.

A. Look at the pictures, use the help list, and name these means of water transport:

①

Meet this unique water transport. This vehicle uses an air cushion to travel both on water and land.



② This is still an efficient means of water transport. It is used in many parts of the world. It is made from a single log of wood by carving out the middle.

③

It is an aircraft, but without wheels; instead, it has floaters which can make it take off and land on water.





④

This water transport is used mainly for fun sailing and short sea travels, it provides quick and comfortable travel on water.



Help List

Canoe	Trawler
Yacht	Hovercraft
Seaplane	Speedboat

Let me Answer

How would you feel about travelling in a speedboat?



⑤

Built for sport and adventure, this is very fast on water with its powerful engine and lightweight frame.

⑥ Specially designed and built for large-scale fishing, this vessel has mechanised nets, ice storage for fish and powerful engines.



Info-Bits

The largest ships to sail the oceans are huge oil tankers that can weigh up to 20,000-3,00,000 tonnes.



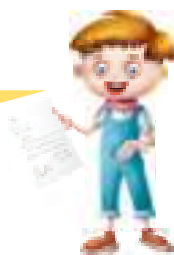


Activity - Story of a Letter



Nikki writes a letter to a friend. He wants to know how it will reach his friend's place. Can you help him? Number the pictures below to give the correct order:

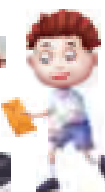
I stick a stamp on the letter and write my friend's address on it.



I write a letter.



A postman collects it and takes it to the nearest post office.



I post the letter in a post box.



People in the post office see the address on the envelope and send it with others going to the same place.



I fold the letter and put it in an envelope.



A postman carries letters from the nearest post office to distribute them in the neighbourhood.



The postman gives the letter to my friend.



More about Letters

Letters can be written on a postcard, an inland letter, or on a paper and put in an envelope. A stamp has to be put on the envelope.





Science Contribution

Science is valued by society because of its contribution. It has changed our lives. Through it, life is becoming easier.

A. These are some of science's contributions. Fill in the blanks with the names of these scientific contributions. You may use the help list:



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____

Help List

Vacuum cleaner

Thermometer

Computer

LED bulb

Smartphone

Electric razor

Microscope

TEACHER'S NOTE

In the classroom, display a few scientifically significant objects. In addition, ask the students to share some further examples of the impact of science in our daily life.

Info-Bits

Thomas Alva Edison, an American inventor, held 1093 US patents in his name for his inventions.



Let me Answer

What do you use to check body temperature?



Paradise Pals

Staring at the sky makes you connected to nature. It is truly magical to see millions of stars.

A. Read the clues and write their names:

1. I twinkle with mischief at night. My name rhymes with 'far'. Who am I?



2. You can see me at night everyday. My name sounds like 'boon'. Who am I?



3. I am a star. I am big and bright. I heat the earth. Who am I?



4. I am red in colour and I have two small moons. Who am I?



B. Answer these simple questions about the paradise pals:

1. Is the sun a star or a planet?
2. Which heavenly body revolves around our Earth?
3. Which planet is called 'The Red Planet'?

TEACHER'S NOTE

Discuss the names of space travellers who have been to space. Introduce the astronauts like Neil Armstrong, Kalpana Chawla, Rakesh Sharma and talk about their contributions.

Let me Answer

Do you know astronomy is the study of planets, and other objects in space?

Info-Bits



The Earth is also called the 'Blue Planet' as it looks blue from outer space because of oceans and seas which cover most parts of its surface.





Crazy Computer

We can't think of a day without a computer. We found these devices at offices, schools and homes.

A. Read the clues and write the names of the parts of computer in the given space:



1. I look like a television.



2. I am the brain of the computer.

Let me Answer

Which parts of the computer are used to play games?



3. I am a pencil of the computer.



4. I can give you colourful pictures.

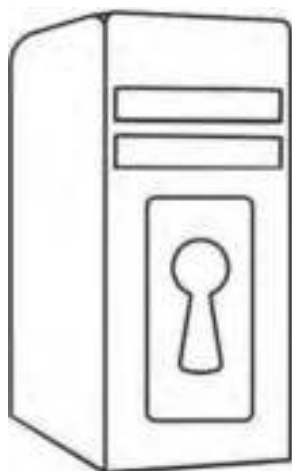


5. I can help you listen to music.



6. I will help you to point out items.

B. Colour the parts of the computer– Monitor in yellow, CPU in blue and keyboard in green and mouse in red.





Activity - Uses of Computer



Different parts of a computer system do different types of work for you. Read the tasks performed by these computer parts, take a look at their pictures shown below and name these parts.

1. I show you the work done by the computer on a screen. I am a _____.
2. You use me to click on icons and choices on the desktop. I am a _____.
3. I calculate, compare and have a memory. I am the 'brain' of a computer. I am a _____.
4. I have keys like a piano, but I do not make music. Your fingers tap on me to make the computer work. I am a _____.
5. I look like a pen but I do not write. I can store a lot of information in me. I am a _____.



Put smileys 😊 for correct and weepies 😞 for incorrect statements.

Cute Computer says—

1. I can cook your dinner. ☐
2. I cannot keep your pocket money account. ☐
3. I can solve your math sums. ☐
4. I cannot water your plants. ☐

Info-Bits

The International Business Machines (IBM) is one of the oldest and the largest manufacturers of microcomputers in the world.





Rhyme and Mime

Rhymes are important because they develop an ear for our language. Do you remember “Humpty Dumpty sat on a wall” or “Twinkle, Twinkle, Little Star”?

A. Identify the nursery rhymes and write their titles in the space provided:



1. _____



3. _____

Let me Answer

Which is your most favourite nursery rhyme?

Info-Bits

'Mother Goose's Melody' was the title of a nursery rhyme collection first published in English in 1780. Guess what its author's name was? It was 'Mary Goose'!



2. _____



4. _____

Help List

Five Little Ducks

Baby Shark

Baa, Baa, Black Sheep

Rain, Rain, Go Away

TEACHER'S NOTE

Instruct the students to recite any of their favourite rhymes and mime out the actions independently.



Rhyme Zone

Rhyming words have magic in them. Poems bring out this magic in a wonderful way, by using rhyming words- words that sound alike when spoken.

Let me Answer

What are rhyming words?

A. Some words are given below. Tick (✓) the correct rhyming words from those brackets:

1. Pen (Gun / Hen)
2. Bird (Word / Head)
3. Fork (Lark / Stork)
4. Train (Brain / Brown)
5. Cloud (Proud / Pond)



B. Match the rhyming words in the following two columns:



Column A

1. Back
2. Cake
3. Bank
4. Jar
5. Cat

Column B

- a. Rat
- b. Tank
- c. Sack
- d. Bake
- e. Far

TEACHER'S NOTE

Ask the students to play a game with rhyming words using the classroom objects such as the chair, table, etc.

Info-Bits

A single word can have many rhyming words- the rhyming words for 'Hair' can be care, mare, air, chair, etc.

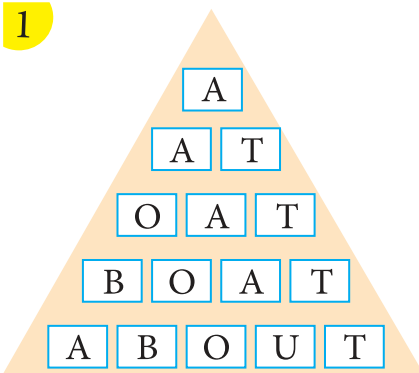


Activity - Word Pyramid

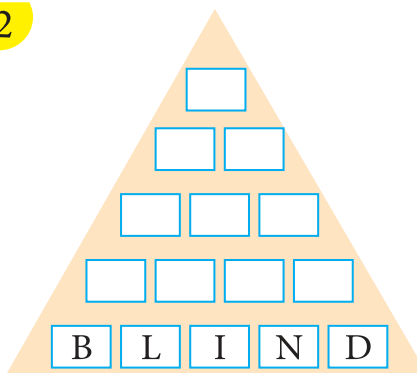


A. Mini and you can have lots of fun making word pyramids. Leave out one letter from the bottom row to make a new word in the next row. Do it again till you reach the top. The first one has been done for you.

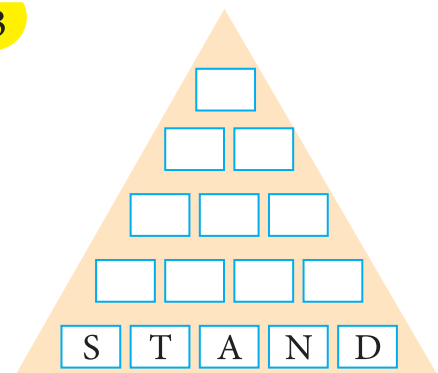
1



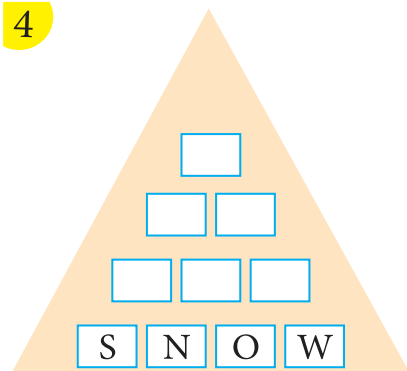
2



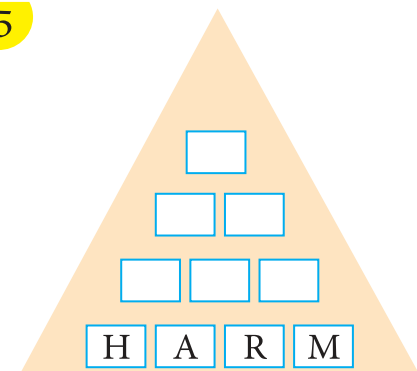
3



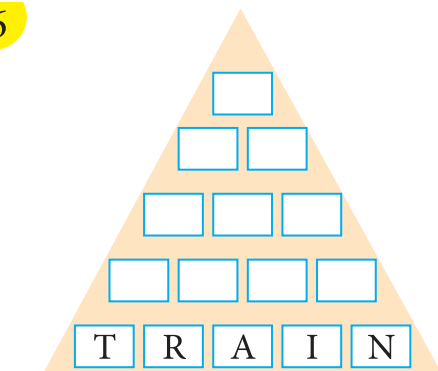
4



5



6



B. Now match the words given below with pictures:

1. Hair

2. Hare

3. Dear

4. Deer

a.



b.



c.



d.





Good Habits

Our habits shape the kind of people we become. To become a good person we should avoid doing certain things.

A. Read the acts below and write 'Do' and 'Don't' in given space:

1. Putting your hand out of the car or bus.



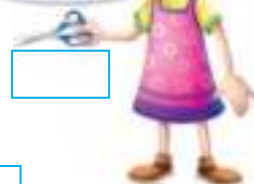
2. Touching or playing with a wire of an electrical appliance.



Let me Answer

What will happen if you play with sharp objects?

3. Handling sharp scissors or blades.



4. Playing with matchboxes.



5. Throwing stones at animals.



6. Playing on the road.



7. Always respect our elders.



TEACHER'S NOTE

Discuss in class the reasons as to why you should not do these things.



Golden Habits

*Having good habits is very important for a successful and happy life.
A person with good habits never fails.*

A. Which of these are good habits? Tick (✓) the good habits and cross (✗) the bad ones. Try to develop good habits.

1. Brushing your teeth twice a day. ☐



2. Not wasting your food. ☐



3. Getting into bed with your shoes on. ☐



4. Biting your nails. ☐



5. Washing your hands after returning from school. ☐



6. Not eating green vegetables regularly. ☐



Activity Time

Write one good habit and one bad habit that you have:

Good habit _____

Bad habit _____

TEACHER'S NOTE

Ask the learners to share any good habits that they have developed in the school.



Good Turn

An act of kindness has potential to make the world a happier place. It boosts confidence and happiness. This may encourage others to repeat the good deeds.

A. Tick (✓) the good deeds and cross (✗) the bad ones.

1. Fighting with the other children. ☐



2. Sharing toys with a friend. ☐



Let me Answer

Have you shown any act of kindness to the elderly people?

3. Watering plants. ☐



4. Writing on the walls. ☐



5. Giving a glass of water to elders. ☐



6. Plucking flowers and leaves. ☐



Activity Time

Write about any good deed you have done today.

Write about any bad deed you have done today.

TEACHER'S NOTE

Discuss any of the stories on the act of kindness and ask the learners to decode the values from the story.



Activity - Signals



Have you seen different signs while going out for a walk or shopping with your parents? What do these signs tell us? Learn sign language by putting the correct number of clues in the round space given beside the signs:

1. I am found on things that are old but can be used to make new things. I stand for recycling.

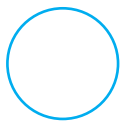
2. I tell you where the doors are from where you can leave a cinema hall, a station or an airport.

3. I warn you to slow down your vehicle because a school is nearby and school children should be safe from traffic.

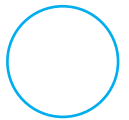
4. I tell people that a hospital is nearby. It helps sick or injured people to get medical care quickly.

5. I warn people about danger and to be careful when coming near me.

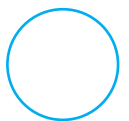
a.



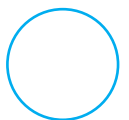
b.



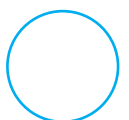
c.



d.



e.





National Symbols

The national symbols represents the unique features of any country. Our country, India, also has its national symbols which we should respect, and be proud of.

Let me Answer

What do you do when the national anthem is played?

A. Here are pictures of our national symbols. Identify them and write their names on the given spaces.



1. This is our national emblem.



2. This is our national currency.



3. This is our national flag.

TEACHER'S NOTE

Explain the national anthem and its importance to the students.



4. This is our national tree.



5. This is our national flower.

Info-Bits

Our national emblem is taken from the Ashokan Pillar at Sarnath (near Varanasi, UP). It shows four lions that are mounted on a flat slab, carrying sculptures of an elephant, horse, bull and lion.



B. Fill in the blanks:

- Our National Anthem is _____.
- Our National Song is _____.

C. Can you name these?

- Our National Bird _____.
- Our National Fruit _____.
- Our National Animal _____.



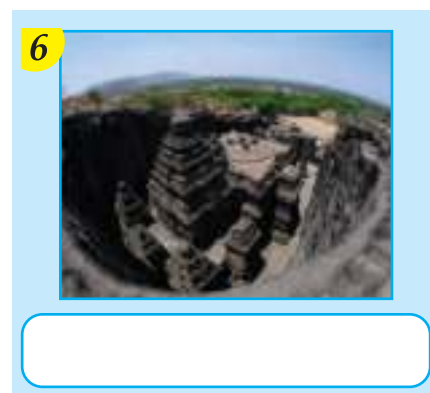
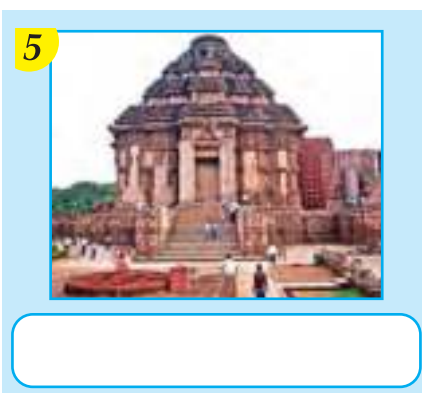
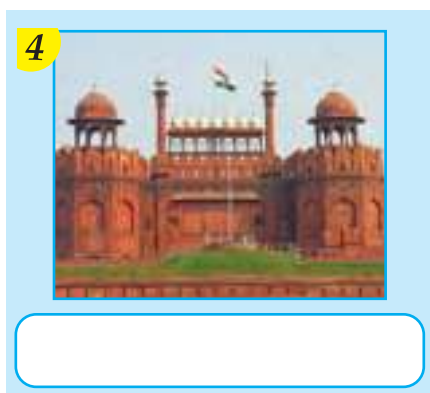
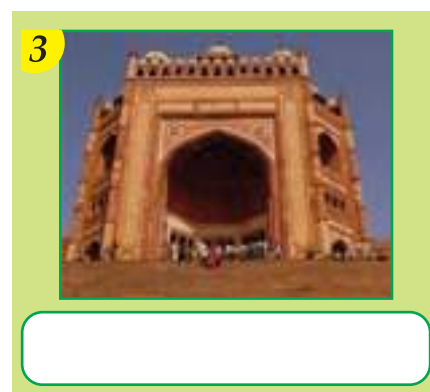
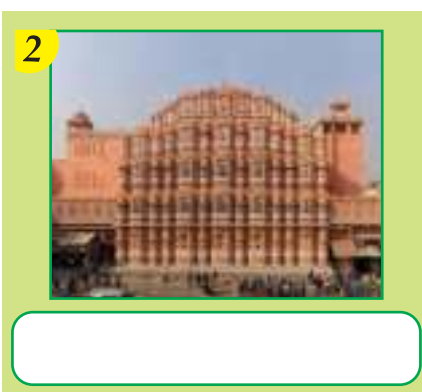
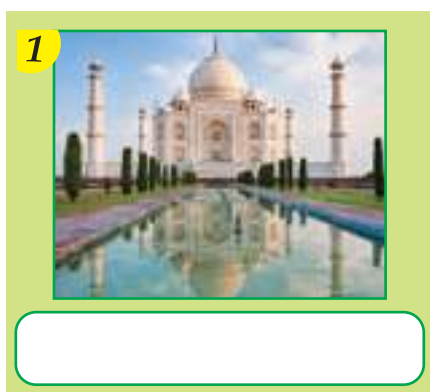
Historical Monuments

Monuments remind us of our heritage. India is a home to some of the finest historical monuments in the world.

A. Pictures of some historical monuments are given below. Write the names of these buildings in the space provided. You may take hints from the help list.

Let me Answer

Can you name any of the historical monuments of your city?



TEACHER'S NOTE

Assist the learners in identifying the historical monuments and also their city.

Info-Bits

The Taj Mahal is one of the seven wonders of the modern world. It is situated in the city of Agra.



Help List

Sun Temple (Konark)	Taj Mahal
Buland Darwaza	Red Fort
Hawa Mahal	Kailash Temple (Ellora)



Extraordinary Legends

India is known as “the Grandmother of Legends.” It is the birthplace of many extraordinary legends.

A. Look at these pictures of some great Indians, identify them and write their names on the given spaces. A help list is given to assist you.



Let me Answer

Do you know the slogan 'Do or Die' was given by which extraordinary legend?



Help List

C.V. Raman
Bhagat Singh
Jawaharlal Nehru

Lata Mangeshkar
Rabindranath Tagore
Mother Teresa

Mahatma Gandhi
Dr. B.R. Ambedkar
A.P.J. Abdul Kalam

B. Can you name these outstanding Indians?

1. Iron Man of India _____
2. Nightingale of India _____
3. Milkman of India _____
4. Missile Man of India _____
5. Waterman of India _____

TEACHER'S NOTE

Discuss the contributions of the extraordinary legends in our lives.

Info-Bits

Mother Teresa spent her life as a nun, serving humanity in the slums of Kolkata. She was awarded the Nobel Peace Prize in 1979.



Activity - Travel Diaries



Do you go for exciting holidays away from your town with your family? What have you seen and where? Travel to these wonderful places by putting the correct number from the names of places on their pictures:

1. Jaisalmer

2. Srinagar

3. Goa

4. Udaipur

5. Junagadh

6. Kolkata

7. Mumbai

8. Agra

a.



c.



e.



g.



b.



d.



f.



h.





The Pride of the Country

Patriotism is the feeling of love, devotion and sense of attachment to one's country. Every country has its own identity whether it is a monument, a landmark, an animal, clothes or food. The citizens, animals, and clothes make the country unique.

Let me Answer

Do you know kangaroos cannot move backward?

A. Look at the pictures and name the country that identifies itself with and takes pride in them. You can use help list given:

City			Country
1. New Delhi			
2. New York			
3. Tokyo			
4. Cairo			
5. Rome			

TEACHER'S NOTE

Divide the class into groups and discuss the national symbols of India.

Help List

Egypt	USA
India	Italy
Japan	

Info-Bits

India has more diversity than any other country in the world- high mountains, seas, and oceans on its coastline, hot and cold deserts, dense forests and plateaus.



Unveiled National Flags

Flags are the national symbols. To fly the national flag is a sign of pride and patriotism. Every country flies a specific flag as its national symbol.

Let me Answer

From which country does the river Amazon flow?

A. Read the clues, and identify these countries:



1. This South American nation is known for its unique forests, the mighty Amazon river and football. The football is even shown on its flag.
-

2. London is the capital of the country. This flag is white and red in colour. Saint George's cross is shown on its flag.
-



3. This large country in the North American continent has most of its lakes and fishing regions. The maple leaf is shown on its flag.
-



4. The largest country in the world in terms of area, it extends across Asia and Europe. Its flag has three strips of white, blue and red colours.



Help List

Russia
Brazil

England
Canada

TRICOLOUR QUIZ

B. How much do you know about the colours in our national flag?

- a. _____ : Colour of the Ashoka Chakra, symbol of progress.
- b. _____ : Colour of purity and truth.
- c. _____ : Colour for bravery, courage and sacrifice.
- d. _____ : Colour for faith and fertility.

TEACHER'S NOTE

Display the flags of India's neighbouring countries and other countries like America, Japan, etc to students.

Info-Bits

Nepal is the world's only country which has a non-quadrilateral flag.





Game Time

Sports play a major role in improving our physical and mental fitness.

A. Name the sports shown in the following pictures. Help list is given to assist you:

Let me Answer

Which one is your favourite sport?

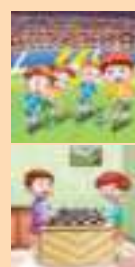


TEACHER'S NOTE

Explain the difference between indoor and outdoor sports.

Info-Bits

- India has won 10 gold medals at the Olympics. The men's hockey team has won eight golds. In individual sports, Abhinav Bindra and Neeraj Chopra have won gold medals in shooting and athletics respectively for India.
- The game of chess is believed to be originated in India.



Help List

Badminton
Hockey
Basketball
Football
Golf
Tennis



Charismatic Cricketers

It is a thrill to play cricket and watch it. The game fosters team spirit, discipline and brings out the quality of the leadership.

A. Pictures of some famous Indian cricket players are given below. Write the names of the players below each picture. You can take help from the help list.



Let me Answer

Who is your favourite cricketer and what do you like about them?

Info-Bits

Sachin Tendulkar started playing for the Indian cricket team when he was only 16 years old. He holds the record for most Test (51) and ODI (49) centuries in the world.



Help List

Rohit Sharma	Jaspreet Bumrah
Virat Kohli	Shikhar Dhawan
Ravindra Jadeja	Yuzvendra Chahal

B. Test your cricket know-how by answering the questions below:

- Which former hard-hitting batter is also known as the 'Nawab of Najafgarh'?
- Which former Indian Test captain was nicknamed 'The Wall'?
- Under which captain did India win the 2011 ODI World Cup?
- Which former cricketer of India is also known as 'Little Master'?



Activity - Throwing Ball



Most games use balls. Different balls are used in different games. Nikki wants to play these games and he has all the balls needed. But he does not know which ball to play each game with. Can you help Nikki by putting the correct number of the ball to the game which he wants to play?

1.



2.



3.



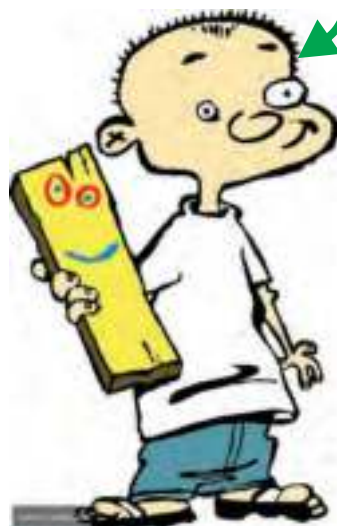
4.



5.



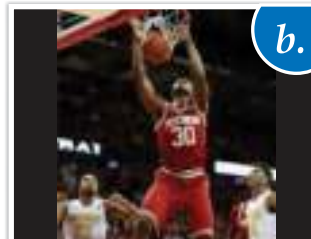
"Oh! What a ball!"



a.



b.



c.



d.



e.





All About Grooming

Everyone wishes to look attractive. When you are properly groomed, nice and clean, everyone you meet compliments you. Your personality is enhanced by a decent appearance.

Here are some simple things you can do to look your best always:

Use soap to take a bath everyday as it will keep you clean all day.



Comb and oil hair regularly. This provides you a leg up on the competitions in terms of appearances.

Let me Answer

Do you polish your shoes before coming to school?

Trim your nails regularly. Dirt and bacteria will cause infections.





Polish your shoes regularly. The first thing a person notices are your shoes and teeth.



Brush your teeth twice a day. This is good for the health of the teeth and gums. It will give a bright and beautiful smile.

Wear neat and clean clothes. Simple and neat clothes will make you look good.



TEACHER'S NOTE

Introduce a few more ways to keep themselves well-groomed.

And remember, how you look is how you feel. When you look good, you feel good and confident of yourself. This gives you an advantage in your life.



Proper Conduct

Good manners are the most important to be successful in life. Everyone likes a well-mannered person.

A. Tick (✓) the right box.

1. When I am sleepy and yawn, I should cover my mouth.

Yes ☐ No ☐

2. When I want to answer a question, I should raise my hand and wait for my turn to come.

Yes ☐ No ☐

3. When I eat, I chew the food without making noise.

Yes ☐ No ☐

4. I should dig my nose and look elsewhere when someone speaks to me.

Yes ☐ No ☐

5. When I meet any elder, I greet them properly.

Yes ☐ No ☐

Let me Answer

How do you greet elders while meeting them?



TEACHER'S NOTE

Discuss a few more ways on proper conduct like offering sitting place to elders.

Don't forget to wish your elders when meeting them or taking leave of them, and never use abusive words with anybody.

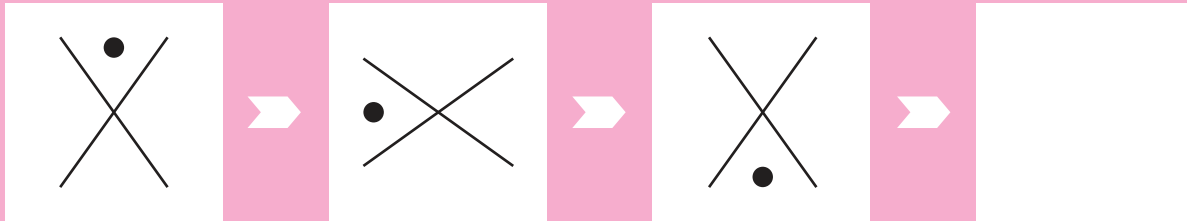




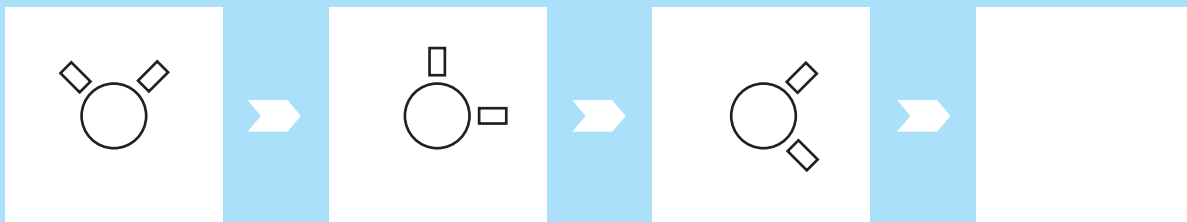
Mind Game (Brain Power)-1

A. Look at the pattern, understand it, and fill in the missing one.

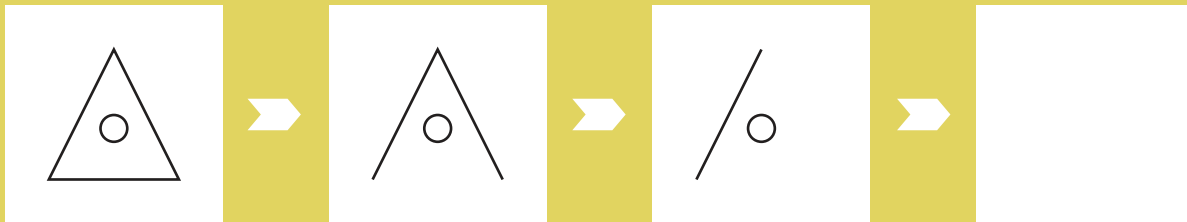
1.



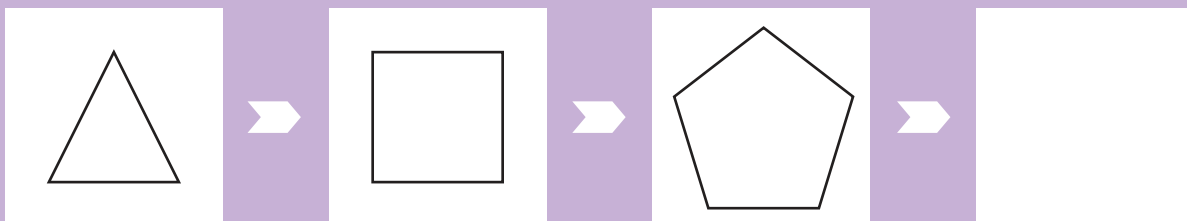
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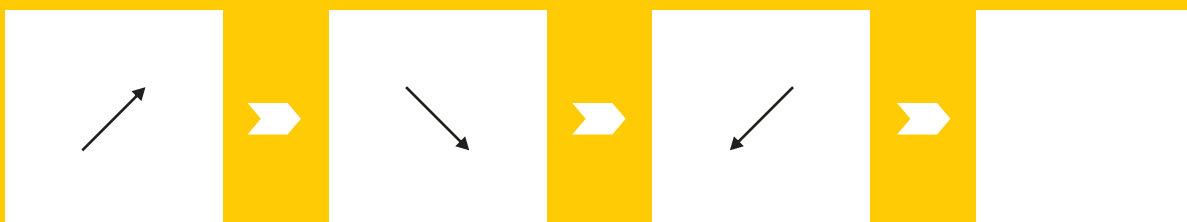
3.



4.



5.





Mind Game (Brain Power)-2

A. Circle the odd one out.

1.



(a)



(b)



(c)



(d)

2.



(a)



(b)



(c)



(d)

3.



(a)



(b)



(c)



(d)

4.



(a)



(b)



(c)



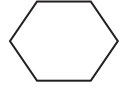
(d)



Answers

- Ch-1** : A. 4, 5, 7, 10, 11, 12, 14
B. Natural Things- Sky, Trees, Plants, Flowers, Girls, Mushroom
Man-made Things- Fountain, Bench, Grill, Fences, Swing, Ball
- Ch-2** : A. a - 5, b - 1, c - 2, d - 3, e - 4
- Ch-3** : A. 1 - c, 2 - d, 3 - a, 4 - e, 5 - b
- Ch-4** : A. 1. Persian cat 2. Swamp deer 3. Flamingo 4. Polar bear
5. Leopard 6. Turtle 7. Giant panda 8. Garter snake
9. Octopus 10. Monarch butterfly
B. 1 - a, 2 - c, 3 - b, 4 - c
- Ch-5** : A. 1. Root 2. Flower 3. Leaf 4. Fruit 5. Stem
B. 1. Roots 2. Stem 3. Fruits 4. Leaf
- Ch-6** : A. 1. Broccoli 2. Mushroom 3. Lemon grass 4. Avocado 5. Jackfruit
6. Cabbage 7. Celery 8. Bell pepper 9. Cassava
- Ch-7** : A. 1. Custard apple 2. Kiwi fruit 3. Sapodilla 4. Watermelon
5. Pineapple 6. Peach 7. Plum 8. Muskmelon
- Ch-8** : A. 1. Bay leaf 2. Saffron 3. Turmeric 4. Parsley 5. Coriander seeds
6. Ginger 7. Cinnamon 8. Cumin 9. Garlic 10. Green cardamom
- Ch-9** : A. 1. (✓) 2. (✗) 3. (✓) 4. (✓) 5. (✓)
6. (✓) 7. (✗) 8. (✓)
- Ch-10** : A. 1. Ganga river 2. Prayagraj 3. Dal lake
4. Sambhar lake 5. Indra Gandhi Canal
- Ch-11** : A. 1 - d, 2 - e, 3 - b, 4 - c, 5 - a
B. 1. Plumber 2. Mason 3. Doctor 4. Florist
- Ch-12** : A. 1. Tom and Jerry 2. Peppa pig 3. Mr. Bean 4. Chhota Bheem 5. Doraemon
B. 1. Jerry 2. Nobita 3. George 4. Yes 5. Raju
- Ch-13** : A. Oxygen Wood Fruit Flower
Spice Oil Leaf
- Ch-14** : A. 1. Air conditioner 2. Ceiling fan 3. Refrigerator
4. Television 5. Washing machine 6. Microwave
- Ch-15** : A. 1. Pillow 2. Clock 3. Nail cutter 4. Cup 5. Tooth brush
- Ch-16** : A. 1. Hovercraft 2. Canoe 3. Seaplane
4. Yacht 5. Speedboat 6. Trawler
- Ch-17** : A. 1. Electric razor 2. Computer 3. Smartphone 4. Vacuum cleaner
5. LED bulb 6. Microscope 7. Thermometer



- Ch-18** : A. 1. Star 2. Moon 3. Sun 4. Mars
B. 1. Star 2. Moon 3. Mars
- Ch-19** : A. 1. Monitor 2. CPU 3. Keyboard
4. Printer 5. Speaker 6. Mouse
- Ch-20** : A. 1. Five Little Ducks 2. Rain, Rain Go Away
3. Baby Shark 4. Baa, Baa, Black Sheep
- Ch-21** : A. 1. Hen 2. Word 3. Stork 4. Brain 5. Proud
b. 1 - c 2 - d 3 - b 4 - e 5 - a
- Ch-22** : A. 1. Don't 2. Don't 3. Don't 4. Don't 5. Don't
6. Don't 7. Do
- Ch-23** : A. 1. (✓) 2. (✓) 3. (✗)
4. (✗) 5. (✓) 6. (✗)
- Ch-24** : A. 1. (✗) 2. (✓) 3. (✓)
4. (✗) 5. (✓) 6. (✗)
- Ch-25** : A. 1. Lion Capital of Ashoka 2. Rupee 3. Tricolour (Tiranga)
4. Banyan tree 5. Lotus
B. 1. Jana Gana Mana 2. Vande Matram
C. 1. Peacock 2. Mango 3. Tiger
- Ch-26** : A. 1. Taj Mahal 2. Hawa Mahal 3. Buland Darwaja
4. Red Fort 5. Sun Temple (Konark) 6. Kailash Temple (Ellora)
- Ch-27** : A. 1. Mahatma Gandhi 2. Jawaharlal Nehru 3. Bhagat Singh
4. Dr. B.R. Ambedkar 5. Mother Teresa 6. Rabindranath Tagore
7. C.V. Raman 8. A.P.J. Abdul Kalam 9. Lata Mangeshkar
B. 1. Vallabhbhai Patel 2. Sarojini Naidu 3. Verghese Kurien
4. Dr. A.P.J. Abdul kalam 5. Rajendra Singh
- Ch-28** : A. 1. India 2. USA 3. Japan 4. Egypt 5. Italy
- Ch-29** : A. 1. Brazil 2. England 3. Canada 4. Russia
B. 1. Navy blue 2. White 3. Saffron 4. Green
- Ch-30** : A. 1. Hockey 2. Tennis 3. Football
4. Badminton 5. Basketball 6. Golf
- Ch-31** : A. 1. Virat Kohli 2. Jaspreet Bumrah 3. Yuzvendra Chahal
4. Rohit Sharma 5. Shikhar Dhawan 6. Ravindra Jadeja
B. 1. Virendra Sehwag 2. Rahul Dravid
3. M.S. Dhoni 4. Sunil Manohar Gavaskar
- Ch-33** : A. 1. Yes 2. Yes 3. Yes 4. No 5. Yes
- Ch-34** : A.  2.  3.  4.  5. 
- Ch-35** : A. 1. b 2. c 3. d 4. d